ST. HELEN'S UNIFORM FAQ

What is the uniform policy?

Students in grades 2-7 wear full formal uniform to school every day and change for PE classes. Kindergarten and Grade 1 students will continue to wear gym strip on their PE days. All uniform policy is highlighted on the school website.

What do we need to buy over the summer to be prepared?

Many students have grown over the school year and some pieces are getting small. Please make sure skirts and skorts are knee length. Centennial gear and yellow gym shirts have been phased out. Navy blue gym shirts are now required and part of PE uniform.

Can I purchase St. Helens Uniform pieces such as pants, shorts and kilts at other stores (Old Navy, Gap)? All uniform pieces must be purchased through McCarthy so that there is consistency and quality. Uniform pieces from other companies often have noticeable differences in colour, size and style.

What about the socks? What are the rules?

Socks must be navy blue or black, with no visible design and they must be above the ankle (boys) and kneelength or tights (girls). No-show socks are not acceptable as part of the uniform. Girls in summer uniform may wear above ankle socks.

Where can students change?

Students can change in change rooms available in the gym or they can wear their PE strip underneath their formal uniform.

Gym shoes and gym clothes can be kept in a bag in lockers for convenience, if desired.

When can students wear their track suits and sweat suits?

They can wear them for PE and on special days such as school events and sporting events (walkathon, Terry Fox Run, track/cross country meets)

What about Centennial gear and the yellow gym shirt?

Centennial gear and the yellow gym shirt can no longer be worn and have been officially phased out.

What about summer uniform?

Summer uniform begins at the start of the school year and ends November 11^{th.} It resumes again in the spring after Easter.