



ST. HELEN'S SCHOOL | MARCH 2026

Principal Waldemar Sambor
Vice Principal Anthony Belmonte
Vice Principal Anthony Canosa

NOTE FROM THE PRINCIPAL

Dear Parents,

After attending the AI conference, we all agreed on one very important truth: Artificial Intelligence can support learning, analyze data, and generate ideas, but it can never replace the human soul.

As we journey through Lent, we are reminded that kindness is not optional. It is who we are as Catholics. It is how we live when we truly follow the teachings of Jesus.

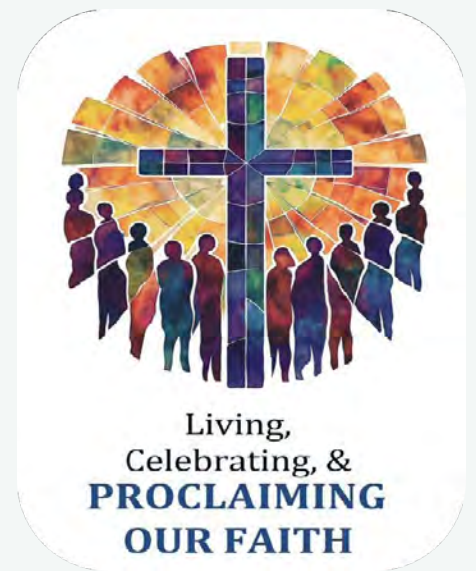
Lent calls us to reflect, to grow, and to become better versions of ourselves. It calls us to stand up for others, to notice the person who is alone, to see the student who feels left out, and to care for someone who may be hurting quietly. Real leadership is not about being the loudest. It is about being the kindest. At our school, we choose respect. We choose courage. We choose to protect one another.

If you see someone being teased, step in.
If you see someone sitting alone, invite them.
If someone is struggling, support them.

Kindness is strength, not just because we say it, but because we live it in our hearts.

Let us continue to be a true Blue Ribbon community, not only in academics, arts and sports, but in faith, compassion, respect, and love.

Sincerely in Christ,
Waldemar Sambor
Principal



Students and Staff showing their love for Catholic schools week



Congratulations to our Junior and Senior Basketball Teams!

We are proud to share that both our Junior and Senior Basketball Teams have advanced to the Olympic Oval for the Annual Basketball Championship.

Congratulations to all of our players and coaches for their dedication, teamwork, and outstanding effort throughout the season. You have shown not only tremendous basketball skills, but also true sportsmanship, teamwork, hard work, responsibility, and respect for the teams you compete against.

We wish both teams the very best of luck in the Finals on March 4th & 5th! Our entire school community is cheering for you!

MONTH AT A GLANCE

- 4TH TERM TWO LEARNING UPDATES (*MY ED BC*)
- 11TH GRAD LUNCH (*TBD*)
- 12TH **GREEN DAY** (*NON UNIFORM*)
- 13TH SCHOOL MASS (*FULL FORMAL UNIFORM*)
- 16-27TH SCHOOL CLOSED (*SPRING BREAK*)
- 30TH SCHOOL RE-OPENS



Our primary students and staff celebrated 100's day on February 20th.

PERSONAL BEST



- KA Mia Panganiban, Zian Caballero, Lucien Chen
1 Aaron Abreo, Lukas Cheung, Ellie Kung
KB Dana Diaz-Patel, Nico Iannicello
2A Aila Belmondo, Isabella Lee
2B Serena Chedid, Avery Der, Maksim Vujicic
3A Avril Creixams-Diaz, Juan Lancheros Gomez, Samuel Ma
3B Weston Hu, Daniel Jeon, Emi Torrealba
4A Aaron Shen, Leila Mucci, Anna Gonzalez
4B Saorise Ng, Christian Grauer
5A Jakob Cheung, Aiden Vanderboon
5B Jayden Hall, Airi Sanchez, Rikki Tse
6A Tatiana Ibrahim, Lina Kim
6B Roman Calderon, Malia Quashie
7 Kosta Corea, Xaviar Soligo, Mattias Cirillo



Today our Grade 4 students enjoyed a wonderful outdoor learning experience with a hike to Bowen Lookout at Cypress Mountain.

The students showed great determination, teamwork, and positive spirit as they completed the hike and enjoyed the beautiful views. It was a fantastic opportunity for students to connect with nature, build resilience, and practice healthy living.